YOUR FUTURE --

UNLIMITED

—by—

Harry J. Gardener



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"YOUR FUTURE - UNLIMITED"

Is an educational and inspirational Course of Study especially written for Budding Individuals everywhere.

NOTICE: Statements in this Course of Study are based on Scientific, Metaphysical and Superphysical findings. No claim is made as to what the information may do for any given case. The Publisher assumes no obligation for opinions expressed or implied herein.

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FOREWORD

The Author of "YOUR FUTURE - UNLIMITED" is very glad that you have received your copy of this Monograph. This is because of the nature of the future. It is very unsettled at this time but in comparison to the future that is almost upon us, it is relatively quiet now. There will be confusion and chaos on every hand and side, due to the political, commercial and religious factions each fighting to get into the "driver's seat" all over the country. Their mania, and it is definitely a mania, is a compelling belief that the minorities should rule.

When the minority groups, who hate each other even at this time, are all practicing "civil disobediance" at the same time I very much doubt if the mails will be getting through on schedule. I very much doubt if the mails will get through at all. This is the first reason that I am so very, very glad that you had the WISDOM to order this Monograph at this time.

Another reason that I am so very happy that this Monograph is now safely in your hands is that with the use of the INVALUABLE INFORMATION that you will find in this Monograph and the other Monographs that you have already received, you will travel into the IMMEDIATE FUTURE with the assurance that while "A thousand shall fall at thy side", and in the little more distant future "ten thousand (shall fall) at thy right hand" you will positively know that "it shall not come nigh thee. Only with thine eyes shalt thou behold and see the reward of the wicked" -- the MASS-MINDED.

"How soon is all this going to take place?" you ask. The answer is that it is already taking place. Have not those in authority -- the government itself -- actually begun to "smile on" and even to encourage CIVIL DISOBEDIANCE? Of course it will go from bad to worse and then to real blood-shed.

However, you can do nothing about the mass-mindedness of the the masses until you rise above those who are bogged down with their great assortment of Negative EMOTIONS. By the elimination of your Negatives you can see clearly and know exactly what to do for the masses when everything seems hopeless. You are not alone in this wonderful work of eliminating Negative EMOTIONS. Untold numbers are doing the same thing at this very time so that when the psychological moment comes, YOU, along with all the others who have successfully cleaned out their Negative EMOTIONS, can be used by the HIGHER FORCES to put an end to ignorance, chaos, and world confusion

Much POWER to ALL OF YOU,

THE AUTHOR

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Most people at the present time do not know what the future is going to bring forth and quite naturally they fear the worst. But it is not the same for you and thousands of others who have WISDOM, that is, know something about the future and are happy to learn more about it. You know that the unrest and problems of the future for the mass-minded have been brought on by themselves alone. You know though that when you take hold of the WISDOM that is offered, you who have WISDOM become a thrilling part of the FUTURE.

NOTHING IS IMPOSSIBLE IN YOUR FUTURE

Quite naturally, that which would seem most impossible to you at the present moment in your present state of development is withheld from you by the WHITE FORCES. Only that which you can actually believe and have FAITH in is given to you at this time or at any other time or times in the future. As you INCREASE in achievement your FAITH will increase just a little faster than action -- the result is Faith and Action. Action and Faith along with WISDOM and know-how will always go before you as shining lights to show you the way.

As we have said before we are not living in normal times. A vast part of the people are mass-minded. They have a "form of godliness" but they stoutly deny the "power thereof". "Godliness" without power is an insipid sort of thing, it is just so much "form and ceremony", and it requires much more than that to get us from where we are and into the NEW, SEVENTH MILLENNIUM. I don't say that the journey into the NEW MILLENNIUM is at all difficult. Once you get started it is pleasant, and when you get just a little farther it is all the more pleasant. The Joy and Happiness increase with every step you take forward.

You see, we who have the WISDOM know how to cut the "lines" (get rid or our Negative EMOTIONS -- see "Your Next Life is NOW") that are holding our sailing craft or steamship tenaciously to the shore of Negative EMOTIONS. Quite true, the first "line" is the most difficult to sever, due to the fact that we usually go about it in a half-hearted way. Not until we get the first "line" (Negative EMOTION) "chopped" almost through do we suddenly realize that it is really easy to relieve ourselves of these Negative Bondages. From then on the eliminating of the stupid Negative EMOTIONS that have been holding us "wharf bound" (or "Path bound") for lo these many years, are quickly released and we are on our way to the STARS.

Once we get well on the way in overcoming our Negative EMOTIONS and begin to build-in POSITIVE EMOTIONS -- Joy, Happiness, Enthusiasm, Zeal, Fervor, Etc., Etc. -- we realize that nothing is impossible in our Future. What seemed so impossible when we were lugging along our Negative EMOTIONS (at the very start) has all been changed

now that we are employing those wonderful, POSITIVE EMOTIONS mentioned on the previous page, and those are only a few -- there are more to come.

As time passes you will experience many things that will frighten vast numbers of the mass-minded out of physical embodiment. These things will not adversely effect you due to the fact that you have overcome to a great extent Fear, Frustration, Pessimism, Timidity, Suspicion, Superstition, and all the other Negative EMOTIONS that have afflicted you in the past. When the "dreadful days of the Lord" -- End Times -- begin to take place, you will not have a Fear nor a Frustration because you will know that these things are so frightening to the mass-minded for their awakening; not for your awakening -- you are already awake.

When the period of "Egyptian Darkness" enshrouds the entire earth, you will not be unduly disturbed...you were expecting it all along. You will though, be surprised at the number of good people -- fine church folks -- that have never heard of the "Abysmal Darkness" coming upon the earth. Then, at that time, you should step in and do some TEACHING as you have never done before...before no one would listen, so mass-minded were they. However, if you progress like I feel that you will from now on in the all important matter of clearing up those Negative EMOTIONS, you can be most helpful, because you will have full vision to guide those who are afflicted, for the time being, with "Egyptian Blindness".

Yes, there will be "weeping, wailing and the gnashing of teeth" during that period. The Egyptian Darkness of the Bible (Exodus 10, verses 21-23) lasted three days. Some of our modern Prophets feel that to accomplish the work for which the coming Darkness will be sent, it will be necessary to last as much as SEVEN DAYS. It will be a harrowing experience for the mass-minded and for the "good" people alike, but if it only lasts three days that would be an indication that the masses have "repented" in that length of time, and would be willing to accept you as their teacher and listen to you.

I am not at all concerned about you. You still have a little time to rid yourself of those miserable Negative EMOTIONS, and to cultivate the POSITIVE EMOTIONS. Of course no one is going to force you to accomplish this in yourself or for yourself. This is a SELF-HELP proposition, either you do it or you do not do it. If you would rather be one of the "weeping and wailing" mass-minded in total darkness, that is your privilege. However, I think that you will agree with me, that isn't what one would call a "great privilege".

If you would rather suffer Egyptian Blindness with the mass-minded for three days, or even seven days, that is your choice. However if you would rather see clearly, and be of help to the "blind" I feel that they would much rather you would do that. At least no one will find fault with you for being one of the WISDOM people.

I've mentioned it before, and it would bear repeating, that you must build in POSITIVE EMOTIONS while you are eliminating the Nega-

tive EMOTIONS. Among the POSITIVE ones are Joy, Happiness, Enthusiasm, Zeal and Fervor. If you are of a more advanced age bracket you may feel that you haven't much to be Happy or Elated about, but you are wrong. Just the removal of one of those miserable Negatives that have always stood in your way of attaining the kind of Life you would prefer, is enough to make you mighty Joyous. And so, at the same time you are working on the removal of your Negatives, go to any justifiable length to be Thrilled about the NEW YOU which you are constructing in the place of the "old you" -- the "old you" who never "got anywhere" with that miserable batch of Negatives hung around your physiological neck.

As the miserable Negatives come out (by any one of the three methods as found on pages 10 and 11 of "This Is Your New Day") be sure to build in POSITIVE EMOTIONS. Go to any length to make them a part of you. It is necessary because you must fill in the vacancy left by the removal of the Negative EMOTIONS.

Imagination will help you. Just picture to yourself the young, happy, joyous being you are to be -- actually are becoming. Spend some time every day in visualizing yourself as the perfect person you wish to be. There isn't too much of a filling-in problem with POSITIVE EMOTIONS, just remember the "space" being vacated by the rooting out of the Negatives is beginning to be filled in. But remember too, if you do not fill it in with POSITIVES, the Negatives are going to creep back in and then you will have to "dredge" them out for a second time. Negatives do not like POSITIVES but the fortunate part is that POSITIVES such as Joy and Happiness, Enthusiasm, Zeal and Fervor will fill the vacancies left by the Negatives.

Enthusiasm, Zeal and Fervor are POSITIVES that are on the powerful side and they can fill the place where a Negative has been removed or for that matter in the process of being removed in an amazingly short time. The fact is that these powerful POSITIVES <u>will assist you in a very mysterious way</u>, a way that is not as yet revealed to your Conscious Realm of Mind.

Fortunately we do not have to understand all about an automobile to drive one. Just a few basic facts and a person can become a competent driver. It is the same when we deal with POSITIVES and Negatives in the realm of the Sub-Conscious. A little basic knowledge, if used intelligently and enthusiastically, will keep us moving forward into a much more vast realm of the mind, and then when we are ready for more knowledge we will receive it.

We are so far along into the FUTURE -- the LAST GENERATION -- that TIME itself lends a hand, so to speak, in guiding us along on the right Path to our Destiny -- the NEW, SEVENTH MILLENNIUM. We are no longer in the dubious, obscure, uncertain "twilight zone" -- it is now broad daylight for us ... that is if we will have it that way and take some time to prepare ourselves for the Bright, Delightful and Rosy FUTURE.

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THE MEDICINE OF THE HIGHER MIND

Chapter Two

The HIGHER MIND is your SUPER-CONSCIOUS REALM OF MIND. It is the PERFECT MIND and it is above both the Conscious Realm of Mind and the Sub-Conscious Realm of Mind. The existence of the Sub-Conscious Mind was actually brought forward by a medical doctor, E. H. Pratt, in the city of Chicago in the 1890's. He published a book on the subject - "The Composite Man" in 1901. It caused a terrific stir in medical circles, so much so that if the Medical Associations of that era had their way about the matter, Dr. Pratt would have been "excommunicated" from their august presence. But the Medical Fraternities in those "dark days of medicine" didn't have the power that the AMA wields today and thus Dr. Pratt was able to stay in practice. He was a very wonderful surgeon and physician, besides operating one of the best medical colleges of that time.

Discovering the Sub-Conscious Realm of Mind by Dr. Pratt was an important event, however, the pronouncement of the existence of the SUPER-CONSCIOUS REALM OF MIND by a Metaphysician, Christian D. Larson, some twenty years later was even more so -- a discovery of the first water, so to speak. After giving much thought to Dr. Pratt's doctrine of the Sub-Consciousness, Larson formulated the doctrine of the SIX divisions of the Sub-Conscious -- Memory, Imagination, Belief, Affection, Conscience, EMOTION -- and he also discovered the three very definite sub-divisions in the SUPER-CONSCIOUSNESS, which are; Intuition, Inspiration and GENIUS.

I had nothing to do with the disclosure of the existence of the Sub-Consciousness or the SUPER-CONSCIOUSNESS nor any of the twelve divisions of the Mind, however I did discover through my Inspiration and GENIUS that the twelve Sub-Divisions of Mind will form a perfect circle (which I call the Circle of POSITIVE DESIRE, see page 7 of "Your Next Life is NOW"). This Circle of POSITIVE DESIRE contacts each of the twelve sub-divisions in your three-fold Mind -- Conscious, Sub-Conscious and SUPER-CONSCIOUS. Actually this Circle is sometimes known as the "13th Faculty" so important is it, especially when the Circle is EXPANDED as it is shown on page 22 of "Your Next Life is NOW".

"The Medicine of the Higher Mind" as you know does not come in bottles. As the HIGHER MIND is actually the SUPER-CONSCIOUSNESS, when the Circle of DESIRE is warm the HIGHER MIND can actually begin to function. The warmer the Circle of POSITIVE DESIRE is, the more the SUPER-CONSCIOUSNESS "rains down MEDICINE" into the Sub-Conscious and the Conscious Realms of Mind. Of course knowing that you have a SUPER-CONSCIOUS REALM OF MIND helps tremendously when you wish to use it. This will be a reality just as soon as you start working on the elimination of your share of the 36 Negative EMOTIONS as listed on page 10, also in your copy of "Your Next Life is NOW".

In the previous chapter we suggested that while you were working on the elimination of your Negative EMOTIONS that you begin to devel-

ope your POSITIVE EMOTIONS. The Positive EMOTIONS are very delightful especially the more-positive EMOTIONS such as Enthusiasm, Zeal and Fervor. You can have Joy and Happiness quite easily by simply changing your mind to either one of these or both, but you will have to engage in something worthwhile to experience the EMOTIONS of Enthusiasm, Zeal and Fervor. These three (and others beyond them) are known as ACTION EMOTIONS.

What kind of ACTIONS do you Positively DESIRE? Those are the ones you should engage in. These ACTIONS of your Positive DESIRE are the most rewarding as you will be coming into contact with your PERFECT HIGHER MIND. The HIGHER MIND, as we said before, is perfection. The one phase of it that you will come into contact first is the FACULTY of GENIUS which will quickly develop the Faculty of Imagination in your Sub-Conscious into Visualization and then on into REALIZATION. Quite naturally, regardless of your age, you will have to have something quite definite in Mind that you wish to engage in, but that is no problem once you get onto the job of clearing out your Negative EMOTIONS using one of the three "Outing" Methods as found on pages 10 and 11 of your copy of "This is Your New Day".

The MEDICINE OF THE HIGHER MIND will begin to "rain down" into your Sub-Conscious and also into your Conscious Realm of Mind as soon as you go in for POSITIVE ACTION. Let me quickly explain about this business of going into Positive Action; the first day that you start "grubbing out" -- eliminating -- any one of your NEGATIVES and start filling-in with POSITIVES, even so small a Positive as Joy or Happiness, you are definitely on your way to REALIZATION. To be sure, you have only taken the first step, but that is a mighty important step when you realize that never before have you done a thing about the eliminating of a single Negative.

Quite true you have stifled your Anger (temper) when it would not be at all wise to display this Emotion. You have "gone easy" on Criticism and Contempt when it would "mean your job" if you displayed either. You have done your best not to show either Fear or Frustration when it would be positively the wrong thing if you did. You have acted "bold" when you were "shrinking" with Timidity, and you have acted "most commendably" when Worry hung over you with all the coldness of a chilling fog. Well, you have acted very wisely, but did you know that such suppression of any of these horrible Negative EMOTIONS hasn't gotten rid of any of them? You still have all of them at this very time even if you are "three score and ten years" or more old. Your childhood Negative EMOTIONS, whatever they were, are still with you, even though you have not given them expression for "lo these many years".

But why worry about old-time or present day Negative EMOTIONS when there are such effective, yet simple ways of getting rid of them? There is the "Talking-Out Exercise", "The Taping-Out Exercise" or the good old "Writing-Out Exercise" that has been "standard proceedure" for quite a long time.

Of course you are not going to use any of these three "Exercises"

until you POSITIVELY DESIRE to, and you are right in that decision. To do so before you POSITIVELY DESIRED to would not be good because you would not acquire good results if your Positive DESIRE wasn't behind the action or Exercise. Oh yes, you would get some results, even if you were "half-hearted" about the matter, but the best results come when you fully DESIRE not to be your old-time self and you are most interested in becoming YOUR NEW-TIME SELF. The SELF that is going on and on to becoming younger and more marvelous with the passing of the months and the years.

Publishers are getting out many new books along self-help and psychological lines. Now and then they publish a book on the use of hypnosis in getting rid of your many psychological and physiological tensions, apprehensions, complexes and phobias. These books are written by "experts", and on the whole not only well written, but do contain much valuable material for the person -- man or woman -- who really desires to get ahead in the Financial or Social Departments of Life. Some take in the Metaphysical angles of life, and then there are some which deal with Religious verities. However, none deal with the causes of our afflictions, and so while they do lend a helping hand in solving certain situations there is a whole lot to be desired even in the best and most expensive books. Sometimes the writers will simply gloss over the subject with a torrent of vocabulary. Quite true, one feels better for the time being, while he is reading the book and for some time thereafter, but all this is superficial and just can't last, for the causes of the afflictions, whatever they are, have not been removed.

However, you know the cause of Negatives, and how to remove them. Just one thing to remember; when your Positive DESIRE does give you the "go-ahead signal" for the removal of Negative EMOTIONS, work on but a single Negative at a time. There are 36 "standard" Negatives (see page 10 of your copy of "Your Next Life is NOW"). You haven't all 36 of these Negatives by any means, not more than eight or nine if you are an Introvert or if you are an Extrovert not more than ten. Check off the ones that you feel that you have, but do not be tempted into believing that you have more than you really possess. You know that you are dealing with the Sub-Conscious and while it is a very good Mind, it quite often likes to play the "child". It will exaggerate the number of Negatives that you actually have when it is in a childish mood -- it is the original mood-maker. Wait several days, for the Sub-Consciousness to get in a more "minimizing mood" and it will come up with a more correct picture of the actual Negatives you have. You will know that you have certain Negative EMOTIONS by the Negative way you react under certain circumstances. Your Sub-Conscious just can't "sweep them under the psychological carpet".

And so now you have the Positive DESIRE to eliminate your Negatives, and you know exactly which Negative EMOTIONS you possess and wish to eliminate -- now the MEDICINE OF THE HIGHER MIND will "rain down" to assist you in "rooting out" the Negatives and "planting-in" the delightful POSITIVES.

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STAYING YOUNG AND LOOKING GREAT

Chapter Three

Staying young and looking great is quite a delightful experience especially after you have reached the age of sixty or the proverbial "three score and ten".

You can'd to this though if you are affluent enough to move into an old peoples' home -- one of those newer, rather "swank" affairs -- for the simple reason you will be in constant contact with a great number of old people, older perhaps than you are, that are, to put it bluntly, just waiting around "to die". That is not a healthful atmosphere in which to thrive and actually grow younger. There is nothing so thrilling as growing younger and at the same time feeling younger and of course looking younger than your years.

All of the elderly people in "Rest Homes", the more expensive ones for those in the "golden years", are just "marking time" until they are "called to pass over Jordan", to put it poetically. In some of the larger "Retirement Acres" one or two oldsters die every day, entirely due to the fact that "it was the thing to do...at their age". If you are an older person and are thinking about joining one of these "retirement homes", be sure to think twice about it. Could you take part in one of those homes, no matter how beautiful it was, knowing that there would be a death among the occupants every day or two and not let it get you to thinking, "perhaps I may be next"? I doubt if you could survive the daily "death toll" especially if those who were "passing over" were close friends of yours. If you are so hardy a soul not to let the demise of your friends and acquaintances affect you negatively, you are much too hardy to go out by the death route; you should stay around, grow younger and younger and enter the NEW, SEVENTH MILLENNIUM with the millions of others that perhaps may be years older than you. <u>What others can do</u>, <u>you can do</u>.

Men or women sixty or seventy years old have all the "commitments" to their family taken care of. Now they can think about themselves without being in the least selfish about it. They can do the things that best promote their good in all Five Departments of Life. If these persons are WISE and are interested enough to start "rooting out" their Negative Emotions (one at a time) they not only can halt that aging process, but can continually GROW YOUNGER in the Physical and Mental Departments of Life. This is very important to grow younger Physically, and the removal of Negative EMOTIONS is the quickest way to accomplish that wonderful miracle.

Quite true by any of the three processes -- Talking-, Taping-, or Writing-Out -- time will be required, but if you start right away on the Negative that bothers you most to proceed in the work of elimination on it, you will almost at once feel the good effects. This Positive feeling that you will experience will so encourage you that you will move forward with the marvelous work of ELIMINATION with ever increasing speed, and of course you will proceed with the POSITIVE WORK of building-in POSITIVE EMOTIONS all the more quickly.

You will soon not only feel younger, but Look Younger, and now comes the time of temptation. You will be tempted to tell your friends, relatives and acquaintances what you are actually doing for yourself. That would be the greatest folly. They are a little jealous of you anyway because of your youthful appearance and youthful bodily movement, and to tell them the actual truth -- remember, they are all mass-minded -- would cause them to not only be very skeptical of your explanations, but though they might not accuse you to your face, they most certainly would think you an out and out liar. They would have every right to think this due to the fact that they feel that they are "too good" to have such miserable Negative EMOTIONS as you would be forced to enumerate in your attempted explanations.

It is better not to explain anything to "unbelievers" -- to the mass-minded. The Protestant church denominations frown on anything that pertains to the supernatural, and what could be more "supernatural" to them than the removal of Negative EMOTIONS, which, by the way, they can hardly believe exist ... so full of these very Negative EMOTIONS are they.

There is one way out, and that is to move out of your local environment, and into a fairly large city where everybody is so busy earning a living or piling up money that they won't know that you are around. No one bothers you in your work of reconstructing yourself and at the same time in the city it is amazing how just the right people are drawn to you and you to them for great mutual understanding and benefit in all Five Departments of Life.

Such a move though is not always possible, and so remember, do not be tempted to tell anyone what you are doing for yourself. It is understandable that you would like to share your Five Dimensional Knowledge with others. From personal experience I find that any of the larger Protestant Churches are glad to have older people teach a Bible Class. It is here that you can teach and insert quite a bit of NEW AGE material into your teaching. Of course you will have to be careful not to "talk over the heads" of your class. You will be amazed at how much you know about Life and Living, that the Students of your Class regardless of their age or education do not know. However we are right at the turn of the New Aquarian Dispensation, and have been for five years, and that is the reason why more and more students of practically any age level will be able to comprehend your subtle remarks about present conditions and times. Be most careful though that your students do not feel that you are "boring" if you stray too far from the "old time religion" that they have become used to. On the other hand, if you do not get far enough away from it you will become ineffectual and that is on the negative side for both you and your students, regardless what age group you are teaching.

The future is a changing one. The mass-minded are always surprised with each sudden or major change. Whoever you are, you should definitely be "surprise proof" regarding the happenings of the future. In fact, if you rid yourself of all the Negatives that have

been afflicting you these many years, you will find that it is you that is making the most changes. Actually you will outstrip the future as far as changes are concerned and it is very gratifying to know that you are ahead of Time and Destiny in making your adjustments to the NEW Five-Fold LIFE.

I realize that "Staying Young and Looking Great" has its drawbacks in the way of temptations, especially when you are growing younger by the year and are looking better by the month. You will experience "opposite sex" temptation and any number of you who have done good work in ridding yourself of Negative EMOTIONS will become entangled with the very, very Negative EMOTION called "love". Actually you know "love" to be associated with sex, and you also know that AFFECTION is not in the Negative Sex EMOTION, and you should choose AFFECTION instead of "love". But the temptation of looking upon "love" and calling it "Affection" will be with you very definitely while you are making the transition from your old-time "sere and yellow" self to the NEW SELF.

This is a critical period for both men and women especially for those without a mate, and you can see why it is. You have come into the "new, ever-green" life, so to speak, and you feel that now you have an opportunity to recapture what you felt you missed in the way of pleasures (not Joys) on the "first time around". Yes it is a great temptation, it is also a snare and a delusion, so much so that if you give in to this sort of temptation you are being beguiled by remnants of the old Negative EMOTIONS which have formed into quite a powerful complex in lower desires. Yield not to this temptation which is purely sexual, but go right on with your wonderful <u>WORK of renewing both mind and body</u>.

If you have seen the original moving picture version of James Hilton's story "Lost Horizon" you remember that there was a supposedly young woman in the picture -- at least she said that she was young. She demanded that she be freed from the Community that had "imprisoned her" and be allowed to "escape" into the outside world. Permission was granted and she accompanied the outgoing caravan. Everything was all right until she came face to face with the biting and blighting icy cold winds, then her actual age showed up -- she suddenly became a wrinkled and shriveled-up old woman unable to withstand the rigors of the bitter outside world. She froze to death and plunged down the icy mountainside.

Now that you know that any "turning back" into the old ways of life as you have known it will only result in a short, blighting, existence, you will have the WISDOM to root out this Negative Lust EMOTION the moment you feel it come upon you. Do not let it build up pressure; the moment you feel it coming over you that is the time to Talk, Tape or Write it out. Nothing in your past, you will find, is worth much in your future, in fact if you <u>treat the past as dead</u> you will display much WISDOM.

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DEVELOPING A HUMOROUS OUTLOOK

Chapter Four

Developing a humorous outlook, or a jovial personality is very much in keeping with YOUR UNLIMITED FUTURE. To indulge yourself in any one of the 36 Negatives you are limiting Your Future to the extent of that particular Negative -- Negative EMOTION, that is. Considering that every "normal" Introvert has eight or nine miserable Negatives (sometimes as many as ten) he isn't going to get very far in this particular phase of his earth life if he insists on carrying with him these Negative EMOTIONS. The Negatives are actually "junk" and have no value at all either in the approach to the NEW, SEVENTH MILLENNIUM, or if one is determined to go by the "grave route", to the Higher Other World.

"With conditions as chaotic as they are today I find it hard," say the great majority of people, "to look upon the way the world is moving with anything but horror and apprehension." That is the old mass-minded view point, and of course that is definitely the religious view point also. So strongly is this point of view held among certain religionists that they consider it highly "immoral" not to do something about it. This is being graphically illustrated right here in our own country today by racial strife, demonstrations and "marches".

If a person, white or colored, hasn't a viewpoint that extends far enough into the future to lose sight of politics and politicians, that person is not far enough advanced to appreciate the great opportunity he has PERSONALLY to EXPAND his own Life and Affairs in a FIVE-FOLD DIMENSION. He is still of the old mass-minded point of view. However, it may not be for long until he will have an awakening, an awakening sufficiently great to shock him out of his mass-mindedness. When he then attempts to "get back in" again, because he feels it is his "moral duty", he will find that earthly conditions among mortal men have suddenly taken a change that he was not aware of, or thought could never take place. But they will take place as if by some sort of "magic" which he doesn't believe in at all .... that to him will be a stunning blow.

Of course we aren't unaware nor callous to any of the conditions that are taking place among the mass-minded, but we do not allow ourselves to get Negatively EMOTIONAL -- "worked up" -- over these conditions. We are aware that the changing times that Destiny has placed upon the human race is to actually shock the mass-minded out of their terrible condition and to make them ready for the entrance into the NEW, SEVENTH MILLENNIUM.

In reality, we are sympathetic to the great efforts that the mass-minded are attempting to create a "better world", but this "better world" of theirs that they are trying to "force" upon mankind would be a completely mass-minded world. In it there would be no means of escape for the benighted masses, for a few overlords, thoroughly given over to mass-mindedness, would rule with an iron hand.

Fortunately this will only take place in part. The NEW, SEVENTH MILLENNIUM is already close enough to our time that the mass-minded can have control for but a short time. By the year of 1970, which is just a short space of time in the future, the mass-minded will know for a fact that it is not the Will of Destiny for them to rule. When they begin to realize that their hopes of having "their kind of world" shackled upon mankind is being thwarted, they will not be in a pleasant mood. If they can't have their way, they will see to it that anarchy will reign -- but not for long as Destiny does not include anarchy. By 1976, two hundred years from 1776, the mass-minded will be so confused that they will seek INDIVIDUALITY, and by 1986-87 when the NEW, SEVENTH MILLENNIUM begins to radiate its power and influence over all the world, those who were misled into believing that by their misguided efforts they could create "a perfect world", will have realize that their efforts of "creating" anything other than chaos have miserably failed. The results of those "creative efforts", if they were not so critical and grave, would be ludicrous -- actually laughably funny!

Now is the time for Individuals to "Develop a Humorous Outlook" on the efforts of the mass-minded, to the extent that you will not be "taken in" by any of their plans and schemes no matter how plausable they may sound or appear. Oh yes, their efforts are taken so seriously by them that if you dare to look upon their activities with even a slight bit of humor they will "pity your stupidity", will "be incensed at your immaturity", or be "horrified at your immorality". You see, you have made light of their over-exaggerated importance as "saviors of mankind". Imagine any of the mass-minded with all of their blighting Negative EMOTIONS setting themselves up as "Saviors" to mankind?! But you can see why they become so incensed when any one dares to look upon their activity with even the slightest mirth.

Keep up the good work of eliminating Negative EMOTIONS in yourself, keep up the extra-good work of building in POSITIVE EMOTIONS in yourself. When you have "treated" all of your Negative EMOTIONS, those that are peculiar to you, to the Eliminating Work of Writing Out, or by one of the other "Out" methods you will then be more sure of yourself in dealing with others who are "out to save the world".

Be sure to develop a joyous and humorous attitude in yourself, and this regardless of how much chaos is existing in the world today and in future days. Understand that the mass-minded are really "sick", with all of their damnable Negatives that they do not know they have, and would probably not give up if they did know they had them. They, the mass-minded, feel that in some way, their Negatives are "virtues". When a person is so mass-minded that he sees his or her Negatives as virtues, that person is in a very unhealthy state of being and is probably not long for this world. Even the mass-minded cannot tolerate too much of the other fellows Negatives.

Don't make the mistake of trying to get rid of your Negatives over-night. It cannot be done, they have been with you too long and are a very definite part of you. Just be happy that you have found out your sly and slinking Negatives, and if you are working on the

elimination of just one of them at the present time be exceedingly happy, because the several others that are yours will be eliminated with much more ease.

No matter how many "sour people" you have to deal with in the course of a day, be very joyous that you have found the way out of your "mess of Negative pottage". Don't be surprised that others, with all of their many Negatives cannot share your Joys and Happiness. You will find that for the time being, others, the mass-minded ones, will be fascinatedly awed by you and your joyous outlook. Some, who feel they do not have too much to live for will actually despise you.

There is no reason though, for you to be a bubbling, gushing Pollyanna, seeing good in everybody and everything, for most of the things they do are not enjoyed even by them. Yes, be careful that you do not fall into the bad habit of "gushing", which could be a Negative EMOTION if over-indulged in.

As we get nearer to the NEW, SEVENTH MILLENNIUM conditions are going to improve greatly for Individuals (who are getting their Negative EMOTIONS cleared up) and they are going to worsen for the mass-minded as they see their fondest dreams (and they are just that -- dreams) going "down the drain", so to speak.

However, no matter how conscientious the activity of the mass-minded, sooner or later he is going to have to get rid of his Negative EMOTIONS by exactly one of the THREE METHODS that you are now employing. Otherwise he or she will not live long enough to set foot into the Outer Circle of the NEW MILLENNIUM.

Quite true, knowledge is on the increase throughout the world and when some of the more awakened mass-minded know of the THREE METHODS of eradicating Negatives they are going to take these METHODS to heart and work at them diligently. We who know about these marvelous METHODS today, if we don't have the incentive to employ them will run the risk of being left far behind, and seeing the former mass-minded ones outstripping us in their swift progress toward the NEW MILLENNIUM. This INFORMATION regarding the various Negative EMOTIONS has been well broadcast, so don't wait for a friend or relative to "travel with you". It is possible they are already quietly putting it into practice in their every Department of Life.

These new TRAVELERS on the Path need not "get ahead" of you for the simple reason they have quite a bit to learn about the Greater, More Abundant LIFE. You have read about it, practiced the various "means and methods", and now you have reached the place on the PATH where you can experience and enjoy freedom from the various Negative EMOTIONS that have been with you for years. Now you have the opportunity to not only get rid of the miserable Negatives, but to take on any number of POSITIVES. You will be very delighted with YOUR NEW LIFE if you act now.

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CREATIVE THINKING RE-CREATES YOU

Chapter Five

Creative Thinking is not day-dreaming. While a certain amount of day-dreaming is a refreshing pastime and is good if it is on the pleasant side, Creative Thinking has much more purpose to it. It actually is not dreaming at all. It is actually beyond Imagination which is the second Sub-faculty in the Sub-Conscious, it is the twin "brother" of Imagination which is known as VISUALIZATION.

It is the action of VISUALIZATION which has such a beneficial effect on your RE-CREATION. It is actually Visualizing just what changes you wish to make in your FIVE-FOLD LIFE -- in each Department of your Five-Fold Life. Of course, right now you are working on the Sixth Sub-division of the Sub-Conscious, that of the elimination of Negative EMOTIONS, but while you are doing that you can go up higher to the Sub-department of Imagination and follow it along to VISUALIZATION and do good work in RE-CREATION which joins right onto Visualization, as you know.

Anyone who is interested enough in himself to actually desire to make changes, small ones at first but larger ones later, has all it takes to do RE-CREATIVE work, first in the Mental Department, and then in the Physical and Financial Departments as well as the other two -- Spiritual and Social. If you are eliminating the Negative EMOTIONS (only one at a time) and you feel that you have the time to do some RE-CREATIONAL work on any of the other Sub-departments of the Sub-Conscious go right ahead, but work with enthusiasm, for when you work enthusiastically it isn't tiring to your Conscious Realm of Mind.

Do not be afraid of tiring your Sub-Conscious, it actually does not know the meaning of being tired. What you mistake for fatigue in the Sub-Conscious isn't that at all. The Sub-Conscious is playing a trick on you; it is sending out a "tired radiation" to your Conscious Realm of Mind whenever you get too much of a Negative EMOTION worked out without filling the "space" with a delightful and Positive EMOTION. Be sure to remember this when you begin to become weary of the "grubbing out" work. Complete that one session, but right away work on some Positive activity from which you can get the delightful feeling of Enthusiasm, Zeal and Fervor.

Your future is one which is, if correctly handled, very Joyous because you are dealing in and building up thrilling EMOTIONS of a very Positive nature. You can do this regardless of whatever state or condition you find yourself in when you begin to work CONSTRUCTIVELY. If you find that due to certain circumstances you cannot Tape-Out, Talk-Out or Write-Out a Negative EMOTION, do not fret or worry about the situation. Calm yourself and change your Imagination from negative to Positive and then begin to VISUALIZE the delightful conditions that will permit you to Tape-, Talk- or Write-Out Negative EMOTIONS fully and of all things, most interestingly.

The Taping-Out or the Talking-Out Exercises are both good for

those who are able to afford a "professional listener" or have the use of a tape recorder. See your copy of "This is Your New Day", pages 10 and 11 for a full description of these three types of "Outing Exercises". Use only one of them during any one period of "grubbing out". Changing from one to another every day or so is the WRONG WAY TO PROCEED. It is permissible to try each of the "Outing Exercises" to determine which one is best for you, but this will only require three days, before you make up your mind which of the Exercises is best for your purpose.

I believe that you will like the Writing-Out Exercise best. It is quiet, only the "scratching" of a ballpoint pen can be heard. Never use a leadpencil for this very important Exercise. If you wish you can use a fountain pen or for that matter a pen and ink. This Writing-Out Exercise can be done in 15 minutes if you proceed correctly and write fast -- the faster the better. Use short sentences. You can repeat a sentence over, and over again, and use any kind of language you like just so long as it is FORCEFUL. No one will ever see what you have written, for a part of this Writing-Out Exercise is to destroy all your sheets of paper the moment you have completed your 15 minutes of the Exercise.

Quite true, this is a MAGICAL EXERCISE -- it is the purest kind of Magic imaginable -- definitely WHITE MAGIC without so much as a "gray spot". This Magical Exercise will also help you in your VISUALIZATION Practice, that is the VISUALIZING of just what you wish to accomplish. To begin with, set a quite narrow path for yourself; I mean VISUALIZE just that which you desire to accomplish to begin with. As your Positive Imagination increases your ability to VISUALIZE will increase, and then there is just one more step to the completion of any goal, and that is REALIZATION. Positive Imagination will show you the way, so to speak, then VISUALIZATION steps in and paints a beautiful picture of that which you wish to accomplish in any of the Five Departments of Life. Then you go a step further and make it a <u>reality</u>. That is known as REALIZATION. We call these three steps the "TRIPLETS", they are "three brothers" that work together as a perfect team when you permit them to operate in your life. First Imagination sketches the picture you have in mind, then VISUALIZATION fills in all of the details, so that when "he" hands it over to REALIZATION, "he" can make a <u>reality</u> of it in your Life. That which started out to be a kind of nebulous sketch in Imagination took on "three dimensions" in VISUALIZATION, and when the "third brother" got hold of it "he" made it into REALITY.

I mentioned that these Brothers of Magic can work in any of the Five Departments of Life, or if a Sub-department needs attention they will be delighted to work with you on the Sub-department. They are builders or constructors, and so never attempt to employ them on any of the Negative EMOTIONS that you are feeding to your pen -- WRITING OUT. They are a part of POSITIVE EMOTION. Actually, Imagination is on the Circle of POSITIVE DESIRE, then comes VISUALIZATION in the Circle, and of course REALIZATION just about in the center of the Circle of Red-Hot Positive DESIRE. It is very close to (just below) the SUPER-CONSCIOUS Faculties of Intuition, Inspiration and GENIUS.

This place for your REALIZATION is very advantageous -- in close proximity to your GENIUS.

A person may be tempted into a long-range Imagination, Visualization and REALIZATION. That is not too good to begin with. You have never consciously used your "Triplets" to secure you anything. Therefore it would be good, at the beginning, if you would use the "three" on a project -- your own choice -- that is not too pretentious; a sort of a short trial cruise, so to speak. Then, after you have REALIZED something on the minor side, go in for something larger. In time you will REALIZE something very tangible in each of the Five Departments of Life, in some cases something that borders on the MIRACULOUS. However once you have employed the "Triplets" to the place of REALIZATION, you will be so full of self assurance that you will tackle things that would have "frightened you to death" before.

One thing I wish to "WARN" you about and that is the Financial Department of Life. We will all have a Financial Department and will probably use it well into the NEW, SEVENTH MILLENNIUM, at least for 100 years after we have come into the MILLENNIUM. I mention this, that you will not throw any financial opportunities away, and after you have eradicated a "poverty complex" or two you will lay aside some finances for the future. It need not be a great hoard of wealth but sufficient so that you could help some poor soul that is laboring under the delusion that "money is the root of all evil". There are many like that needing to be nursed along for a while until they can be relieved of their poverty-stricken complex.

You see there are five points to the STAR OF LIFE, one for each Department of Life. The Spiritual Point is uppermost but right straight down on the STAR in direct line with the Spiritual Point is the Financial Point. The two Points have so much in common with each other that it is hard to understand how anyone who is a "money hater" can be at all SPIRITUAL. "It is more blessed to give than receive" to be sure, but how in "Heaven's" name can you give unless you first receive?

In your Climb to the Stars just remember you have a Five-Fold Star with you, and if the points are <u>not</u> well developed and sharp you haven't a perfect STAR OF LIFE, and that will hinder your progress, not only between now and the time that you come into the NEW MILLENNIUM, but during the probationary period of one hundred years after the "coming in".

Regardless of how old you are or what the state of your health is at the present time, you have just as much right to "try for" the NEW, SEVENTH MILLENNIUM as any one else. Once you get started, even in a small way, you will speed up in your progress as you proceed -- come closer -- to the NEW MILLENNIUM.

Right now, with the wonderful MILLENNIAL VIBRATIONS "raining down" on us, it is most advantageous (WISE) to use the methods we have to RE-CREATE ourselves for our Triumphal Entry into the NEW, SEVENTH MILLENNIUM.

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DE-HYPNOTIZE YOUR SUB-CONSCIOUSNESS

Chapter Six

Your Sub-Conscious is hypnotized. This would not be so serious if it was hypnotized Positively in all the Five Departments of Life. You would still have any number of Negative EMOTIONS but you would probably not give into them; well, not as much as you do now. That would make you a fine specimen of a healthy man or woman, for the Negative EMOTIONS cause a great amount of difficulty in the Physical realm of Life. When I speak of difficulties I mean illness, sickness and "death before your time". Death of the body is caused by a Negative EMOTION, probably several Negative EMOTIONS working together in a deep state of hypnosis.

Nobody can "live forever" in a state of hypnosis caused by Negative EMOTIONS. However, we are living in a Wonderful New Age -- a New Generation (even though it is the LAST one) and knowing what our Negative EMOTIONS are, all 36 (plus) of them we can begin to eliminate them one by one through any one of the three simple "Exercises" -- the "Outing Exercises".

Some students of the mind say that the Sub-Conscious cannot be hypnotized, that is only partly true. As far as the numerous functions of the body are concerned they never are totally hypnotized. They are partially hypnotized by the Sub-Conscious itself indirectly by its accumulation of Negative EMOTIONS. Of course if we cease engaging in Negative EMOTIONS the "spell", the Sub-Conscious hypnosis of itself, is not actually broken but let us say that the evil activity of the Sub-Conscious is greatly curtailed when we refuse to give in to our Negative EMOTIONS. The Negative EMOTIONS are no longer fed or built up, and while they are still very much alive, they are not growing "with our blessing", for we no longer give in to them when they rear their ugly heads.

As you know there are two classes of human beings existing on earth at the same time -- the Introverts and the Extroverts. The two groups haven't too much in common in the way of the 36 Negatives. Even the Fear of an Introvert differs greatly from that of an Extrovert. Fear in an Introvert is mostly of people. Fear in an Extrovert is often of what the "law will do to him" if he gets caught. Frustration is not alike in the two groups either. Frustration in the Introvert comes mostly from not being able to be more aggressive and being or becoming an unhampered "Go-Getter" in the "struggle of life". Frustration in the Extrovert, on the other hand, stems from the fact that others are standing in the way to his idea of success -- again it is, or could be, the "law" that causes him to become so deeply frustrated. But in either case -- Introvert or Extrovert -- aggravated Frustration will end up in a severe case of ulcers.

Irritability is a very unpleasant Negative, and both the Introvert and the Extrovert can wind up by having Irritabilities, but probably not from the same Negative or Negatives. That which is most Irritating to the Introvert has no effect on the Extrovert, and

likewise, that which would Irritate the Extrovert would not move the Introvert one way or the other.

Both the Introvert and the Extrovert are under Hypnotic pressure, so to speak, from the Negatives of their Sub-Conscious, but this hypnosis of the Sub-Conscious Realm of Mind is differently arrived at in either group. "Which is the worst?" I hear someone ask. I can only answer by saying that the Negative EMOTIONS the Extrovert experiences are more deeply felt by him than an Introvert, for the simple reason that every Negative he, the Extrovert, comes in contact with are terribly Frustrating due to the fact that he can't do anything about them. He is under enough of a Hypnotic influence Consciously and Sub-Consciously to feel that he positively cannot do anything about the damnable situation. On the other hand, the Introvert has no such deep feelings about a similar situation; he feels that it is more a lack of courage that prevents him from "attaining the prize", a lack of bold confidence on his part that is standing in the way of his success. Of course this is a form of Conscious and Sub-Conscious Hypnosis, just as soon as he makes certain changes -- improvements -- in himself, such as improving his health or increasing his education or any other lack in the Five Departments of Life he will attain the circumstance, calling or position that he Positively DESIRES most. He will arrive, and as soon as he accomplishes his "mission" whatever it was, HE WILL MOST DEFINITELY ARRIVE. And that is true -- he has broken his Hypnotic spell, in that avenue of endeavor and goes on to success. However if either the Introvert or the Extrovert know how to practice one of the "Outing Exercises" they could arrive at their desired place in life considerably sooner -- the Introvert especially.

We are working in NEW FIELDS OF THE MIND whenever we do something that we have not done before. A New Field is not as yet under the Hypnotic power of either the Conscious or Sub-Conscious, therefore we certainly should engage in something NEW such as a NEW hobby or a NEW undertaking so as to get out from, as quickly as possible, the Hypnotic effect of the Conscious or the Sub-Conscious. This Hobby or New Undertaking could be started at the same time that you start your "Outing Exercise". Doing that which you always wanted to do, even in a small way, and getting a great deal of Joy and Happiness out of it, would tend to break any Hypnotic Spell no matter how deep seated it was or how long you may have had it, especially if you determine not to give in to Negative EMOTIONS any more, especially to the Emotions of Fear and Frustration.

Not giving in to Negative EMOTIONS will not eliminate them, but it will cause them to go into a sort of dormancy until you can get around to them with your "Outing Exercise". Let me explain to you that your Negatives are quite "closely packed" into the Negative EMOTIONAL field or area that they are occupying, and when you begin to to eradicate one you will find that quite a time before you have it "grubbed out" sufficiently to go on to another Negative, you will feel so good about the whole situation that you may be tempted to discontinue the "Outing Exercise" for the time being -- of course, to take it up later! That is what the Negative PART of your Sub-

Conscious would like to have you do. It seems to "fear" your making any kind of a change where it is involved, and it is most certainly involved in any one of eight or nine Negatives that are definitely yours -- it more or less "created" them for you.

The Sub-Conscious cannot feel pain of any sort, but it seems to feel "fear", and any kind of change that you make in your Mind or affairs that will effect it adversely, even for its own good in the long run, it "fears". It can communicate this feeling of fear to your Conscious Realm of Mind and thus you will "feel" like you are doing the wrong thing by eliminating any of your Sub-Conscious Negative EMOTIONS. But remember, your Sub-Conscious is in charge of your Positive EMOTIONS, and so if you build in EMOTIONS that will find their way to your Positive Circle of DESIRE your Sub-Conscious will not work against itself, but will work with you, joyously.

The Sub-Conscious is quite a wonderful Mind. For one thing, it never forgets. All the forgetting you do is from your Conscious Realm of Mind. The fact is, you do not remember anything with your Conscious Mind, you RECALL rememberance from your Sub-Conscious. This "mechanism" of recalling from your Sub-Conscious grows weaker and weaker as time passes. Quite true some very old people can remember "everything" up to the time they are fifty, but there are some oldsters that can't remember a thing before the age of thirty-five; not a single thing. As far as they are concerned they did not exist before that time. Then there are older people that can quite accurately remember all the highlight happenings of every year of their lives -- they have a good recall system between the Conscious Realm of Mind and their Sub-Conscious Realm.

It is in the realm of Memory in the Sub-Conscious that we never forget, not even the slightest detail. You probably know of people who have nearly drowned, they have "gone down for the third time", and then have been rescued. They claim that their entire life, even the smallest detail, has passed before their Inner Sight of Memory, and after they have been rescued have a memory of all things they ever did, good, bad and indifferent; of every thought they ever had; memory of every person they ever knew from infancy to the present time, and they could recall their names accurately.

Even though you can't remember in detail everyting you ever did that would cause you to have all those eight, nine or ten Negatives, you can be sure that miserable situations in your life has caused these Negatives and if you will start "rooting them out", and of course building in Positives at the same time, you will, before too long a time, eliminate the things that are afflicting you in practically every Department of Life. Is it any wonder then, that you have every right to expect that you will be youthified in mind and body, and you will, if you work on your Negatives and regularly "Out" them one by one. So start NOW to DE-HYPNOTIZE your Sub-Consciousness and you can become two years younger for each year that you grow older.

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YOUR PSYCHIC EMANATIONS ON PARADE

Chapter Seven

Your psychic emanations -- your AURA -- is being seen by more and more people, due to the fact that in this Last Generation it is time for the development of the psychic sight gift. It is a gift one has from childhood, but due to the fact that it isn't of much use for a child, by the time he or she could use it, it has been neglected so long that the psychic eyes have become closed -- he or she is in a state of "psychic sleep".

However the ability to see psychically is not lost. By the time the person rids himself or his more powerful Negative EMOTIONS and becomes enthusiastic about the development of his latent POSITIVE EMOTIONS he will, one day, be taught how to observe AURAS -- psychic emanations -- of others. This will be a very "handy" gift when he gets to the place -- EXPANDS in the Social (Human Relations) Department -- where he actually desires to help others onto THE PATH and then ALONG THE PATH.

There are quite a number of ADVANCED Students of the Five-Fold Philosophy of Life that have made great strides in all Departments of Life, so much so that they find Psychic Sight -- reading AURAS -- of tremendous use in their helping of humanity who are just about ready to awaken from their mass-mindedness. Also to aid another group of people who have actually gotten onto THE PATH but for some strange reason have become "Path Bound", that is, with no Positive DESIRE to move forward. Their Circle of Positive DESIRE hasn't been expanded "by a fraction of an inch" since they learned about it.

Of course this condition of "Stagnation on The Path" can be attributed to the wily, crafty and cunning Sub-Conscious (Negative zone) which "senses" it will in some way lose control over its "victim" if he proceeds any further on the UPWARD PATH. So it -- the Sub-Conscious -- makes it quite easy for one to become Path Bound and remain in this "twilight zone". In that way the person will do nothing Positive for himself such as rooting out Negatives and at the same time build in POSITIVES.

Look at the Circle on page 7 of your copy of "Your Next Life is NOW" and note that you have a little POSITIVE EMOTION inside the Positive Circle of DESIRE -- the "N" is Positive and therefore it is inside the Circle. Turn to page 22 and note that the student has moved his Positive EMOTION some distance to the right and that the "N" has been well moved into the Circle and the "IO" in EMOTION are being given the "heat treatment" by the Positive Red-Hot Circle of DESIRE. This Student has been TREVELING THE PATH intelligently. He is grubbing out his Negative EMOTIONS, and also has been doing the other half of the GOOD WORK, he is INCREASING his POSITIVE EMOTIONS -- Joy, Happiness, Enthusiasm, Zeal and Fervor.

He has gotten well beyond the fear of Psychic Sight. There is actually nothing to fear about viewing the other fellow's AURA, when

you have cleaned up your own AURA sufficiently that it will not contain shades of "dirty brown", "revolting green" or "grave-yard gray". Also, there is no use trying to hide your AURA from those who have Psychic Sight, it will blaze through any kind of clothing, no matter how heavy they are.

If the three primary colors -- red, yellow and blue -- are in one's AURA and are quite bright, it is a very good indication to a person who has Psychic Sight, that the person he is observing is relatively high in Mentality and Spirituality. However, the person is probably just a very good and sincere man or woman and may not be aware of their Negative EMOTIONS.

However if a person shows some golden flame mingled with his bright AURA that person, in all probability, has been cleaning out his "share" of the 36 Negatives. If he shows in his AURA, besides the golden flames, flashing, dazzling streaks of White AURA he is well on his way to conquering his Negatives, at least he has them fully under control by the "grubbing out" process. The golden flame and the streaks of dazzling White AURA appearing in an AURA indicate that person is employing Fervor, Zeal and Enthusiasm in practically everything he does.

Turn to page 10 in your copy of "Your Next Life is NOW", to the list of 36 Negative EMOTIONS and see if you can determine the color of each of the 36 Negatives. Which have a "dirty brown" color, a "revolting" shade of green, which one would enshroud a person in a cold, damp "grave-yard gray" color (or lack of color). Some of these 36 Negatives when really active display a jet black along with some flashes of lurid red and/or a revolting shade of green.

Blue in the AURA may take on a shade of bright purple when tinged with bright red, and that is good. Bright red and bright blue make bright purple which is the color of some of the higher Positive EMOTIONS. Some of the higher Positive EMOTIONS are a combination of bright red and bright yellow, which when combined make a beautiful shade of orange, also the color (radiation) of some of the Positive EMOTIONS.

All of the bright colors, plus the gold and white, are highly vibrant radiations, and of course are very conducive to good health in the Physical Department, and also in the Mental. This is also true of a highly advanced Spiritual Department. The bright orange vibrations find great activity in the Social (Human Relations) Department of Life. Bright green activates the Financial Department of Life in a most wonderful and thrilling way. Someone with Psychic Sight must have directed the printing of our money -- paper dollars -- a long, long time ago; the reverse side of our paper money has been a light shade of green for a good many years. If you will always think of paper money as being green, probably just a trifle darker shade to give it "body", you may be surprised at how this action might cause them to flow to you. Don't try to envision how, or "are you worthy" of their coming to you, just be in a state of expectancy -- expect them to start coming your way for some good

reason, or best of all, for no reason at all.

Black and "grave-yard" gray are the vibrations of the Nether World. These vibrations are very slow and should be avoided whenever possible. I know is is very "chic" for a woman to wear black, and especially black, lacy "underthings" or nightgowns -- but black is not conducive at all to health, youth and beauty, even though it may look well on you now, it would be to your advantage not to indulge in this "luxury".

Gray, even though it is a "smappy gray", is better left out of your wardrobe. It associates you with the lower Astral World and one who is reaching for the Stars, so to speak, cannot afford that kind of an association.

When you get a little further along with your "grubbing out" of Negatives and have built in Positive EMOTIONS to a gratifying extent then that will be the time to concern yourself regarding the viewing of AURAS -- developing Psychic Sight. At the present you should be more interested in your wonderful SELF IMPROVEMENT than whether your ARUA has more gold in it than the other fellows. This may be a slightly "sour note" for those who would compare their AURAS with those of others. While you will eventually view the AURAS of others, you will never see your own AURA, for the simple reason that you are on the inside of your AURA and it is radiating out. Only radiations that are coming your way will you be able to see. That is probably a very good "arrangement" -- that you cannot view your own AURA -- for no matter how much "grubbing out" you have done on your Negative EMOTIONS, there would always be a trace of Pride or Vanity that would tempt you to compare your AURA with that of others and if yours was more beautiful than that of the other person.

The AURA extends out from the body for about 18 inches. It also extends over the head for the same distance, and below the feet (and into the floor or ground) for a like distance. It is about three feet in diameter plus the thickness of the persons body. Whether the person is a "savage" in the jungles or out in the "civilized world" it is about the same dimensions and is oval or egg shaped in appearance.

Those dimensions of the AURA do not hold true for the person that is on his way up THE PATH, the one who is doing something about his Negatives and especially the one who is building in POSITIVES. Such a person could have an AURA that is up to ten feet in diameter and of an appropriate height. The more he advances in the Five-Fold Life, the more Negatives he eliminates and POSITIVES added, the larger his AURA becomes, and the more beautiful it becomes ... but, he can see everyone's AURA but his own. He will have to read the expressions of others for "estimations".

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YOUR AMAZING TRANSITIONS

Chapter Eight

The time has come when you will be making wonderful changes -- transitions -- from your old-time self to your NEW YOU. This is not a transition or a change that can be accomplished overnight, but the transition will come just as fast as you can adjust yourself to great changes. Let us say that you have nine Negative EMOTIONS which you are desirous of getting rid of in the shortest possible time. You work on your first Negative EMOTION and find that while you are concentrating on that one Negative, other Negative EMOTIONS which have something in common with the Negative that you are eliminating by one of the three "Outing Exercises, are being eliminated at the same time much to your surprise and joy.

Of course each of your eight, nine or ten Negatives have a kind of individuality that is definitely their own, but they all have some of the characteristics of the Negative that you are "grubbing out". Those particular characteristics that you are eliminating in your first Negative -- the one that you are working on first -- will weaken all the others because you are eliminating their negative effects at the same time you are working on the Negative that you have chosen first. Therefore, do not be too anxious to rush on to another Negative and get started on that one, which would be No. 2 on your Negative list. You are actually working on that particular Negative right now as you continue to work on your First Negative. "Whittle it down to a nubbin" so to speak, before you go on to the "Outing" of your No. 2 Negative. You will find that by doing it this way your No. 2 Negative (your own choice of course) will be much easier to "process" and in a shorter time also.

Then go on to No. 3, 4 and 5 and then to all the other ones, coming back to No. 1 again and doing some more eliminatory work on it. When you come back to No. 1 you will find that it has not enlarged any, if in the meantime you have been Enthusiastic about EXPANDING your Positive EMOTIONS. Digging out Negatives and building in POSITIVES are the two halves of the same gratifying process.

I purchase many books over the course of a year on self-help subjects. Not that I particularly need these books personally, but I do get a good idea now and then from them. I purchase these books because my many Students are always writing in to me and telling me the name of a "wonderful book" that they have received, and want to know what I think of that particular book. Qutie naturally I always "think the best" of their recent purchase because a long time ago I found that many a book that was not able to inspire me was just right for the Student who had just put his foot on THE PATH, lingering there awhile before putting his other foot on THE PATH. In the meantime the Student, fresh out of mass-mindedness -- at least he was two short steps out -- could get many a wonderful idea from the recent book purchase.

None of the old timers knew how to get rid of their Negatives.

For that matter, if they ever gave their Negatives a thought it was to not "give in to a Negative". They thought that was sufficient to banish it for all time to come, or until the next time the particular Negative expressed itself, and then the old timers would quickly hide the Negative again until the next time. Some men, and women too, got very wealthy on Greed, Hypocricy, Jealousy, Pride, Revenge, Vanity, Selfishness, Etc., Etc.

Well, they could afford these miserable Negatives. They felt that these Negatives were Positives, just the same as many men and women today regard their Negatives as Positives and even "thank God" for some of them.

Now that we are in the Last Generation before the on-rushing NEW, SEVENTH MILLENNIUM, and are interested in entering it, no matter what may be our Physical or Financial condition at this time, we can now make the grand TRANSITION from our death dealing Negatives to our wonderful LIFE GIVING POSITIVES. That is what this particular part of the Last Generation is all about -- LIFE for all those who wish it and will prepare for it. Of course if anyone doesn't want to get rid of every last one of his Negatives in the space of time just ahead -- there are but 35 years left in this Last Generation -- he will not be in any way "bludgeoned" into parting with his Negatives, and if he did start "grubbing out" Negatives without building in a like amount of POSITIVES his effort would be all for naught anyway, and so -- "why bother?".

His Negatives will cause him to die at the "appointed time", and he will descend to "his place" or plane in the Lower Astral World to "work out his salvation" providing he made some sort of a start while in the physical body on earth like joining the church, or perhaps by not becoming an atheist, agnostic, infidel or simply an unbeliever. The persons in these catagories enter the Lower Astral World as do the so-called "good people", but then a separation gradually takes place. These catagories of souls just mentioned are only interested in going to their "heaven" -- the Nether Astral World -- from which they are never heard of again.

In some parts of the Lower Astral World which is far above the Nether there is a place of utter darkness reserved for those who had wonderful opportunities to do good for their fellow man here on earth but they put off their opportunity until the "grim reaper" called them. They were on the whole, good people but they were Self-centered, Selfish and probably reeking with Vanity. Even in this miserable condition they probably had some commendable qualities. In the Lower Astral World they have their place or "compartment". It is not a huge "torture chamber", to the contrary, it a quite comfortable, but this is the place of "weeping, wailing and gnashing of teeth" -- not for "sins of commission" but for "sins of omission". The pitch black place is very close to the surface of the earth, so close that if you have Psychic Sight and can vibrate low enough you can actually see them.

A few years ago some of the "elite" of Hollywood gathered at a

party of a well known Spiritualistic Medium for some fun and entertainment. The Medium, as well as two other Mediums were "entranced" and a number of the inhabitants of the pitch-dark "section" of the Lower Astral World were induced (by what means I do not know) to enter the physical bodies of the Mediums and continue their "weeping and wailing". Of course the poor souls in their utter black world did not know that they had actually entered the bodies of the Mediums and their "weepings and wailings" could be voiced by the entranced Mediums. Blase' Hollywoodians got quite a thrill out of the demonstration. They made a phonograph recording of the "weepings". I had a copy of the record and used to play it to some of my friends, after telling them how the recording came into existence and the conditions that the poor souls (souls that had lost their bodies in death) were under. Some of my listeners were very much impressed, impressed enough to request that the recording be turned off -- they had had enough. I don't know now whatever became of the record, it probably got broken, by some of the listeners who couldn't tolerate the "wailing". Every one that listened to the recording had different reactions to it. None ever accused the three Mediums of making up the whole thing with their own voices -- it was much too real for that sort of a conclusion.

No, you are not going to experience that sort of condition even if you decide to go by the "grave route". However, it is far better to get all of your Negatives disposed of right here and now; I mean to start working on the "processing process" right now, and the further you get into this Work the more you will be thrilled by the results that you have accomplished.

The amazing part of your TRANSITION is that it will all seem so delightful. Getting rid of all those Negatives that have bothered you for years is on the delightful side. If they have been causing you ill health, you will find yourself increasing in vitality and energy -- it is all a part of your WONDERFUL TRANSITION. You are not going to "pester" anyone to follow you and do what you do, however, when you begin to realize gratifying results and actually show it in Mind, Body and Spirit they will be "pestering" you for your secret. Of course you know how to handle this situation, we have explained it to you before.

As the 91st Psalm says: "A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee". Why so? Why are you the favored one of ten thousand? Because you have made the Most High your habitation. You have been eradicating all those Negatives that the mass-minded think, feel, believe and "know" are so important -- but which are anything but important.

However start your good work of "minimizing" Negatives in the prescribed way, build in Joy, Happiness, Enthusiasm, Zeal and Fervor and when phenomena start to take place such as the coming "EGYPTIAN BLACKOUT", and it may only be a short distance in the future, you will be very glad that you did for no matter what happens, "it shall not come nigh thee".

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THE ART OF DISCIPLINING OTHERS FOR YOUR OWN GOOD AND THEIRS ALSO

Chapter Nine

The Art of Disciplining others for your own good and theirs also will begin at the "psychological moment" for you -- when you have greatly reduced your Negative EMOTIONS and at the same time have built in POSITIVE EMOTIONS. As it is, at the present time, you have no more AUTHORITY than the millions of others with their great load of Negative EMOTIONS. But ridding yourself of your Negatives and the building in of POSITIVES, will not only give you AUTHORITY over yourself, but others as well.

Some time ago in a Midwestern city a distraught man with many Negative EMOTIONS was about to commit suicide by leaping from the top of a tall building. He was standing on the ledge just ready to jump if any one came near to him to stop him. Members of the fire department and the police department pleaded with him not to jump. The clergy was also called in, but they had no success. Newspaper reporters and photographers enlarged the semi-circle around the man who was standing on the ledge threatening to jump.

An acquaintance of mine, quite far on THE PATH, rushed up to the roof of the skyscraper, elbowed his way through the semi-circle of agonized spectators, stood for a moment to compose himself, and then spoke two words to the would-be suicide ... "step back". Immediately the man obeyed the command and stepped back several steps. The police rushed in and surrounded the man, and thus a life was spared.

How did my acquaintance, with just two words -- "step back" -- save the man from suicide? He had a hard time explaining the "command" to the police, the reporters and to the clergy without revealing anything of a Mystical nature, which none of them would have believed...if he had told them the truth. He managed to "explain away" his "step back" command to the partial satisfaction of all concerned. However, the newspapers "ran a story" on his magical words -- "step back" -- and almost immediately he was pestered by "cranks", "crackpots" and the "curious". He had to actually leave town in order to get away from the curiosity seekers.

However you have nothing to fear from what I have just related. It will be some time yet before you will be able to "Give the Word of Command" due to the fact that you will be busy working out, or eliminating your Negatives and building in POSITIVES.

None of the onlookers in the semi-circle around the man on the ledge knew how to give a command of authority, even if they had shouted to the would-be suicide, "step back", he would have paid no attention to them, but when a person WITH AUTHORITY spoke these words the man instantly obeyed. You build up AUTHORITY as you build up POSITIVES in your Life. However as we indicated, you can't add a great amount of POSITIVES until you start eliminating Negatives. You can't have AUTHORITY while you are reeking with Negatives. The

"tearing out" and the BUILDING UP should go on simultaneously. You have been well instructed regarding this wonderful work in the various Monographs which you have, or should have.

When the Christian church was born at PENTECOST, you remember the 120 people that were gathered together in one place were all filled with the Holy Spirit, and flames of fire rested on the heads of the entire 120. They began to speak in other tongues, so that the multitude that gathered heard in his own tongue. There were about fifteen nationalities present, but each one heard in his own tongue what the 120 were saying. Of course it was a miracle, but the miracle was in the ears of the hearers, not in the voices of the speakers. However the Miracle of Pentcost was a definite fact -- it was the "birthday" of the Christian church, and Signs and Wonders were with the early Church for a <u>generation</u> -- 40 years.

The days of Pentecost are still with us, but through the centuries since that first Pentecost the Church, on several occasions has almost become extinct. But now we are having a revival of that first Pentecost and are going on to greater and greater things in this LAST GENERATION of 40 years. This is definitely the Last Generation before the NEW MILLENNIUM which takes place shortly after 2,000 A.D. The influence, force and power of the NEW MILLENNIUM, as you know, is reaching back to us and will become a reality a long time before the above date, which is only about 35 years in the future at this writing.

The Signs and Wonders are beginning right now, and the mass-minded will know about them a long time before we arrive at the above MILLENNIAL date. Quite true they will probably do nothing about these Signs and Wonders, except to resent them in no uncertain ways. However, you who know something of what is coming shortly, you who have prepared for a change will welcome the <u>Renewed Pentecostal Days</u> with a great deal of delight.

The mass-minded will have all their old, miserable Negative EMOTIONS along with them, and even after you tell them how to rid themselves of their stupid Emotions they will not put forth the slightest effort to do so. In fact they will probably blame you for "turning the world upside down", and some of them may attempt to do something about it -- do something about you. It is at that time when a good strong command to "step back" given in an authoritative voice with POWER will cause them to do just that. It is then, at that time, that they will listen to you explain about POWER and how they can achieve it ... by the elimination of their Negatives.

The NINE GIFTS OF THE HOLY SPIRIT are again coming to the fore just as they did after Pentecost, but in this "end" of the original Pentecost they are going to EXPAND instead of diminish as they did in the Generation that followed the beginning of Pentecost. Quite true, in this end of Pentecost, Spiritual people are starting out with the Speaking in Tongues, however this time they will go on to the Greater GIFTS, such as Healing the Sick, Performing of Miracles in all Five Departments of Life, Discerning of Spirits and all of the

other Greater GIFTS. Right now the people who are interested in the GIFTS are only interested in the lesser GIFTS -- Speaking in Tongues and the Interpretation of Tongues.

There has been a great revival of Tongues but not too much of a revival of Interpreting of Tongues, a little revival of the Healing Ministry, but practically no one is practicing the GIFT of Miracles, or the GIFT of Discerning of Spirits. There is a great amount of literature available now regarding the Speaking of Tongues, but I have failed to discover one book that deals with the Higher GIFTS other than mentioning them and making "guesses" as to what they might be.

When the believer is quite sure of the GIFT of Tongues he should stop, and search about among the HIGHER GIFTS for his particular GIFT -- it would be a tragic thing to remain in the Speaking of Tongues when the Holy Spirit had intended him to be a Healer, a Discerner of Spirits, a TEACHER, or a Prophet. There is no good book on the subject of the Greater GIFTS but there is one on the Lesser GIFTS that I can recommend. The name of the book is "The Gift of the Holy Spirit" by J. E. Stiles. The price is one dollar and fifty cents and can be had from Voice Publications, Inc., Box 672, Northridge, California 91326. It is a very good book on the Lesser GIFTS.

Speakers in Tongues seem to be very frightened of any one who has the GIFT of Discerning of Spirits, probably it is because the Discerner of Spirits can look right into the Lower Astral World and discern what kind of a spirit -- good or evil -- is activating the Speaker in Tongues to speak, or the Interpreter of Tongues to "interpret". This fear is groundless if the person is a Christian. Of course if the Speaker in Tongues belongs to some non-Christian cult, he may speak, but the Holy Spirit will not have anything to do with this sort of speaker.

Another strange belief among the true Speakers in Tongues is the idea that only when the Speaker in Tongues speaks for the first time does the Holy Spirit come into him or her. That is one of the most incorrect ideas that the Diabolical Forces have foisted on Christians. Just the contrary is true; the Holy Spirit enters into a person when he becomes a Christian and not when, for the first time, he speaks in an Unknown Tongue. Apostles, Prophets, Teachers, Miracle Workers, Healers or Discerners of Spirits, none of these greater GIFTS require Speaking in Tongues or the Interpreting of Tongues. However, if the believer isn't quite sure there are GIFTS for him, he probably had best start with the Gift of Tongues which requires no great amount of Faith, a simple Belief is quite sufficient.

Yes, these are the "Last Days of Pentecost". These are the days when all of you who have advanced sufficiently on THE PATH to the place where you are eliminating your Negatives and building in POSITIVES...you who have discovered what your TRUE GIFT is...these are the days when the Art of Disciplining Others with the VOICE OF AUTHORITY can be of greatest help to the mass-minded when chaos strikes -- for they will listen to you then.

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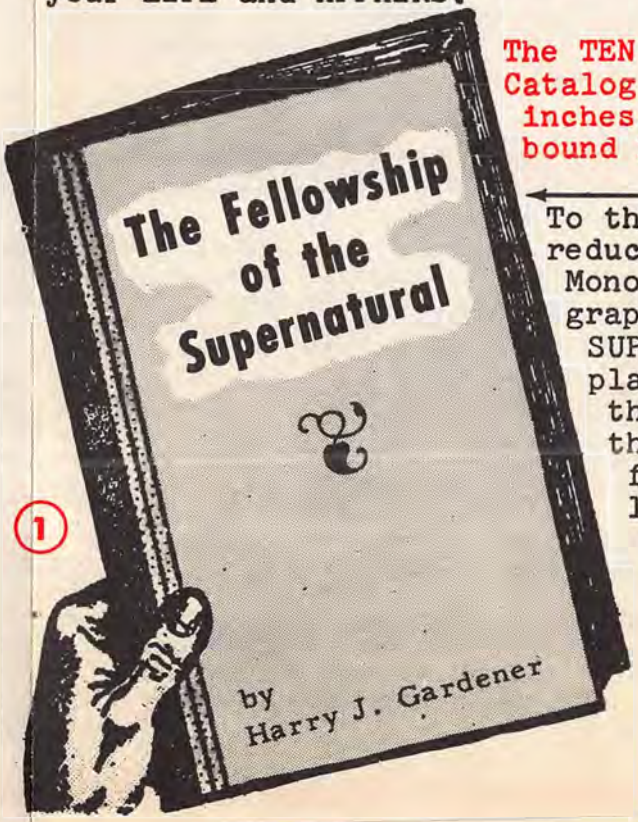
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